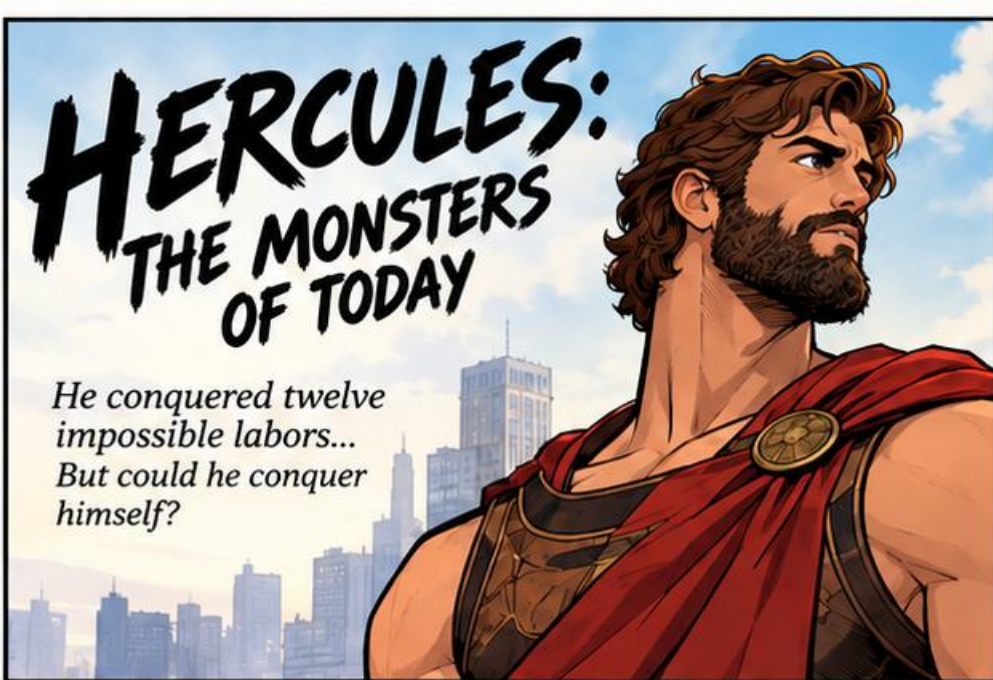
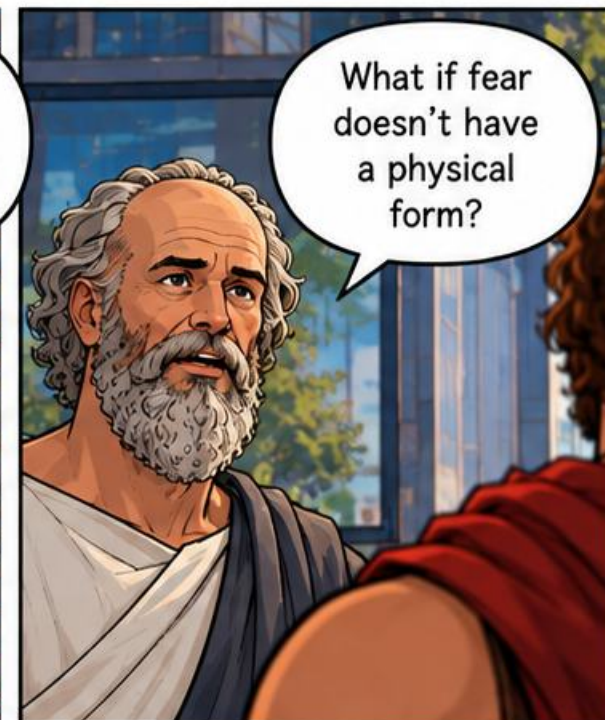
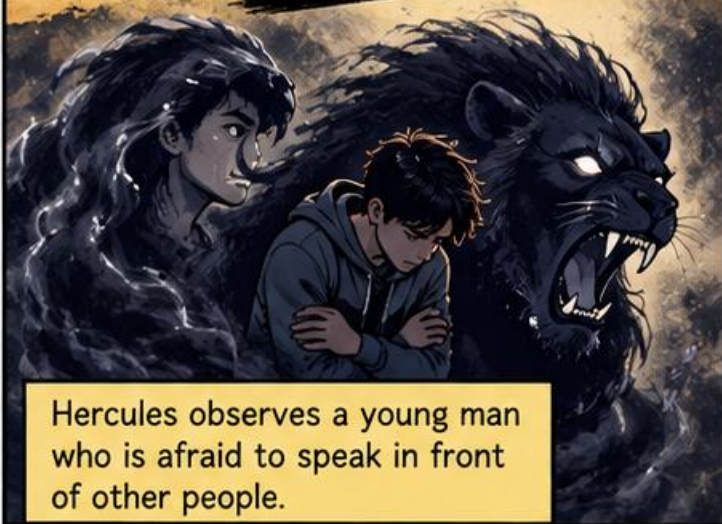


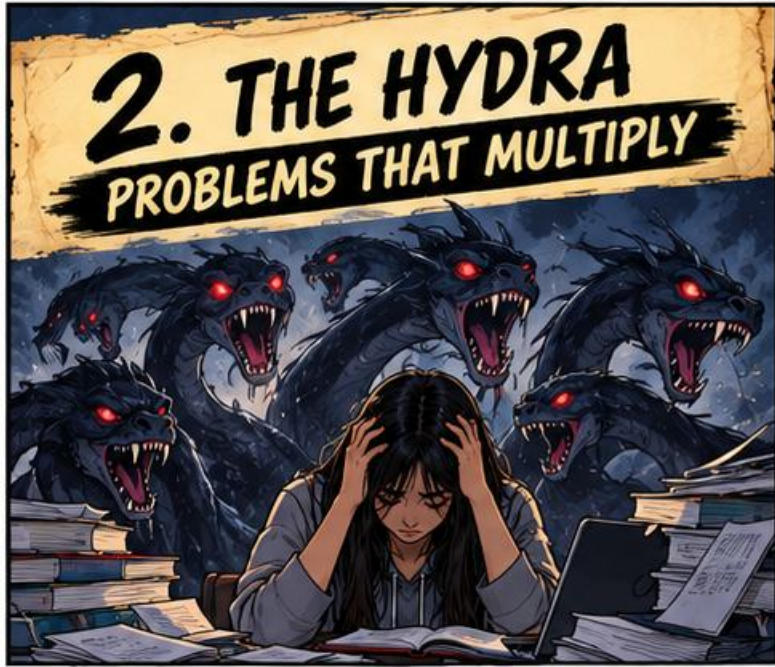


# 1. THE NEMEAN LION FEAR



## MESSAGE:

Courage doesn't mean not having fear, but facing it.

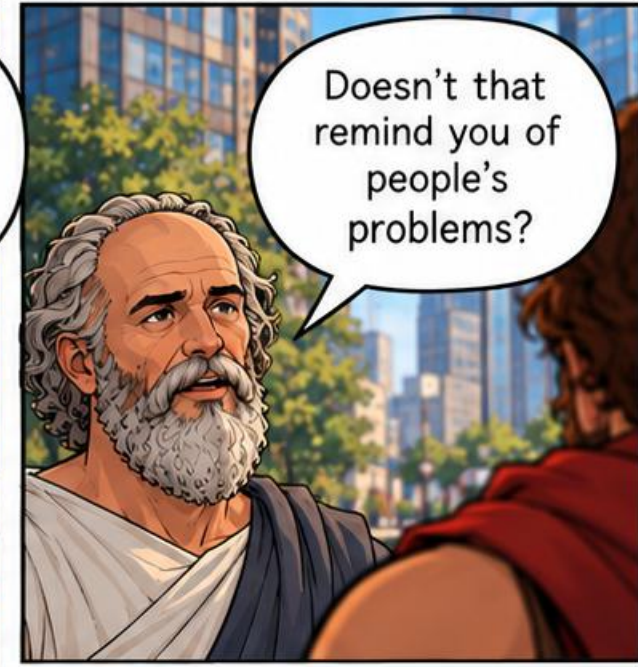


## 2. THE HYDRA

PROBLEMS THAT MULTIPLY



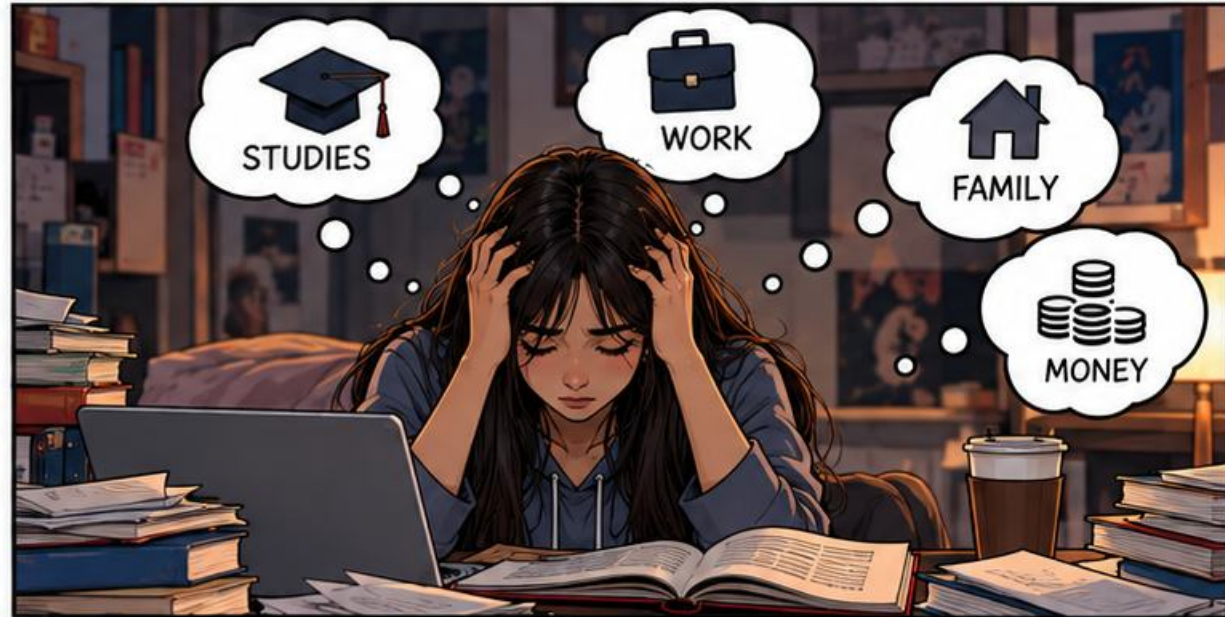
When I cut off one head of the Hydra, others appeared.



Doesn't that remind you of people's problems?



Yes. Sometimes it feels like the more I try to solve them, the more they appear.



STUDIES

WORK

FAMILY

MONEY



### MESSAGE:

Some problems require patience, organization, and reflection, not just strength.

### 3. THE CERYNEIAN HIND

#### THE PURSUIT OF SUCCESS

Hercules observes people running after goals, money and recognition.

Why is everyone running?

Perhaps because they believe they always have to keep going further.

MORE MONEY

HIGHER POSITION

RECOGNITION

A BETTER LIFE

I also chased glory.

But have you ever asked yourself why?

#### MESSAGE:

Not every external success means inner fulfillment.

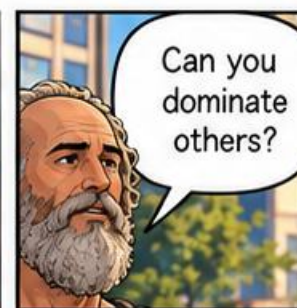
## 4. THE ERYMANTHIAN BOAR ANGER



Hercules observes two people arguing aggressively.



I know that fury.



Can you dominate others?



Yes.



And can you dominate your own anger?



...



### MESSAGE:

Controlling your own anger can be a harder battle than defeating an enemy.

## 5. THE AUGEAN STABLES CHAOS



Hercules enters a room full of tasks, messages, books, and disordered objects.



This is worse than the Augean Stables!



Sometimes external disorder reflects the internal one.



### MESSAGE:

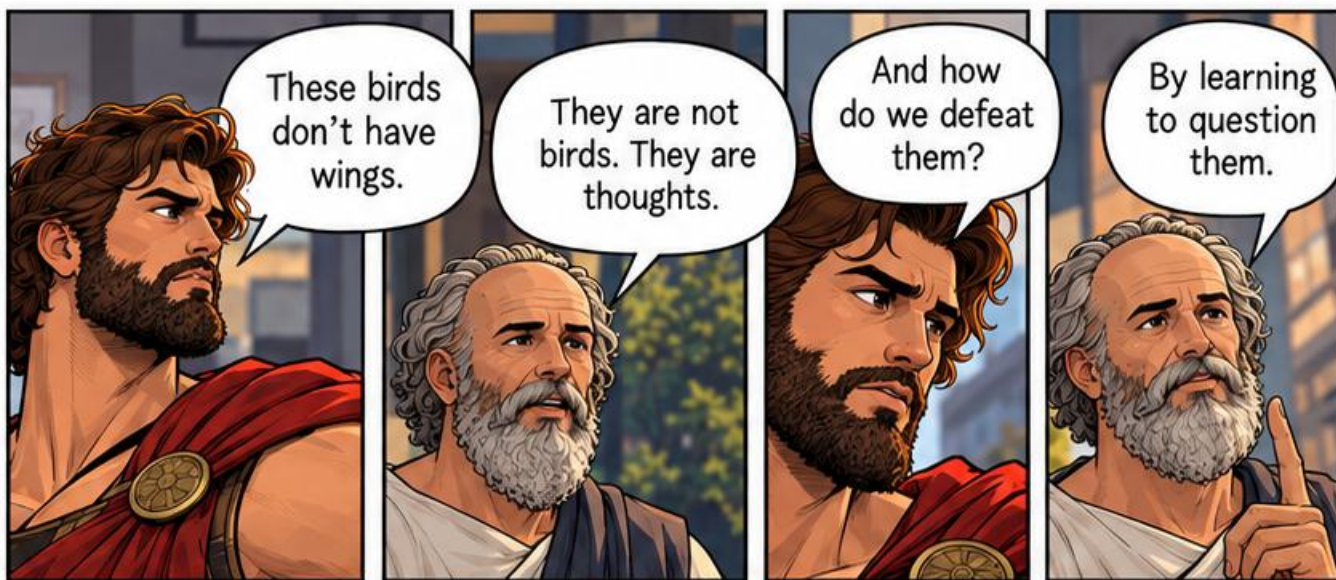
Learning to organize life is also a form of strength.

## 6. THE STYMPHALIAN BIRDS

### NEGATIVE THOUGHTS



Hercules observes a person surrounded by negative thoughts.



### MESSAGE:

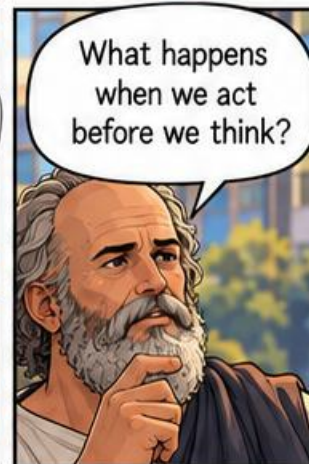
Not every negative thought represents the reality.

## 7. THE CRETAN BULL

### IMPULSIVITY



Hercules observes a person making hasty decisions.



### MESSAGE:

True strength also means knowing when to stop and think.

## 9. THE BELT OF HIPPOLYTA

### THE NEED FOR APPROVAL

Hércules observes a person constantly checking the likes on her posts.

Why does she look at that screen so many times?

She is looking for others to tell her how much she is worth.

Shouldn't she know that herself?

#### MESSAGE:

Our value should not depend on the approval of others.

## 10. THE CATTLE OF GERYON

### AMBITION

Hércules observes a person obsessed with making money and having more things.

How much does he need to feel satisfied?

Maybe he has never asked himself that question.

So he can have everything and still feel empty.

#### MESSAGE:

Having more does not always mean living better.

# 11. THE APPLES OF THE HESPERIDES

## THE SEARCH FOR PERFECTION

Hércules observes posts of apparently perfect lives on social media.

Everyone seems happy.

Do you think you really know their lives?

No.

Then don't compare your reality to an image.

### MESSAGE:

The perfection we see in others is often just an appearance.

# 12. CERBERUS

## THE DEEPEST FEARS

Hércules arrives at a dark place where his own memories appear: mistakes, guilt, losses, and decisions he regrets.

No...

This is your last monster.

Cerberus?

No. Yourself.

### MESSAGE:

The deepest fears often live within us.

## THE TRUE BATTLE

Finally, Hercules faces his own memories.

MISTAKES

LOSSES

GUILT

REGRETS

I have defeated monsters. I have accomplished feats that seemed impossible.

But did you ever ask yourself who you were after defeating them?

I am afraid to face my mistakes.

Then start there.

Does recognizing my weaknesses make me weak?

No. Knowing yourself is the beginning of your true strength.

Hercules finally lays down his sword. Not because he has given up. But because he understands that this battle cannot be won with physical strength.

## IN THE CITY AGAIN

Hercules now sees people in a different way.

He sees the student who is afraid to fail.

He sees the person who compares herself to others.

He sees those who are struggling with their emotions.

He sees those who try to pretend everything is fine.

The monsters never disappeared.

They just changed shape.

**He conquered twelve impossible labors...  
But could he conquer himself?**

True strength is not only about defeating the world, but about having the courage to know yourself, accept your mistakes, and keep growing.